

As an alternate experience for your Harlem visit; we would recommend visiting some garden friendly entrepreneurs

HOAST2011

We are thrilled to announce that HOAST2011, artHARLEM's walking tour of Harlem artist studios, galleries and exhibition spaces is scheduled for October 15 + 16. Four years ago we welcomed over 2,000 visitors who came Harlem to meet artists, buy art and visit new exhibitions. Join other Harlem artists and galleries as we open our doors once again and invite the public to attend a free weekend of artist talks, gallery openings and walking tours of artist studios and exhibition spaces.

Sat, Oct 15th and Sun, Oct 16th

12pm - 6pm

2 artists to visit:

shimodaaccessories.com
2572C Frederick Douglass Blvd.
Harlem, N.Y.
(between 137th & 138th St.)

thegadsongallery.com
225 West 134th St Harlem N.Y.
(7th & 8th Ave)

To download map

<http://www.hoast.org/hoastmap.php>

STRICTLY ROOTS

Harlem Vegan Cuisine

They rotate dishes so you have some variety each visit. The cooks are friendly and it is a nice place to sit down and eat; providing a healthy alternative to Harlem's traditional fatty soul food. Offerings vary daily and range from tangy sweet and sour tofu to black beans with red peppers and meaty fake chicken curry or opt for a grilled to order veggie burger. Natural juices like spicy ginger beer, sorrel, lemonade or tamarind will compliment your order.

Take out and delivery service available.

Nearest Transit:

125 St (2, 3)
125 St (A, B, C, D)
116 St (A, B, C)

Hours:

Mon-Fri 9 am - 10 pm

Sat 11 am - 10 pm

Sun 12 pm - 8 pm

2058 Adam Clayton Powell Jr. Blvd
New York, NY 10027
Neighborhood: Harlem



Harlem Garden Mini Tour



BFUG CONFERENCE
Growing Health
Wealth & Justice
October 14-16, 2011
HOSTOS COLLEGE

WHINGS is an
always budding
coalition of
Harlem gardeners



WHINGS on Facebook

Website:

<http://www.whingsorg.webs.com/>

Mini Harlem Garden Tour

Sunday 10am-12pm

(tentative schedule)

projectharmony.nyc.org

The Joseph Daniel Wilson Memorial Garden: 10:00-10:20 (122nd // 7th & 8th)

Our Little Green Acres: 10:25-10:45 (122nd near 8th)

10 minutes walking/meandering time: 10:45-10:55

Carrie McCracken/TRUCE Garden - harlemgarden.org

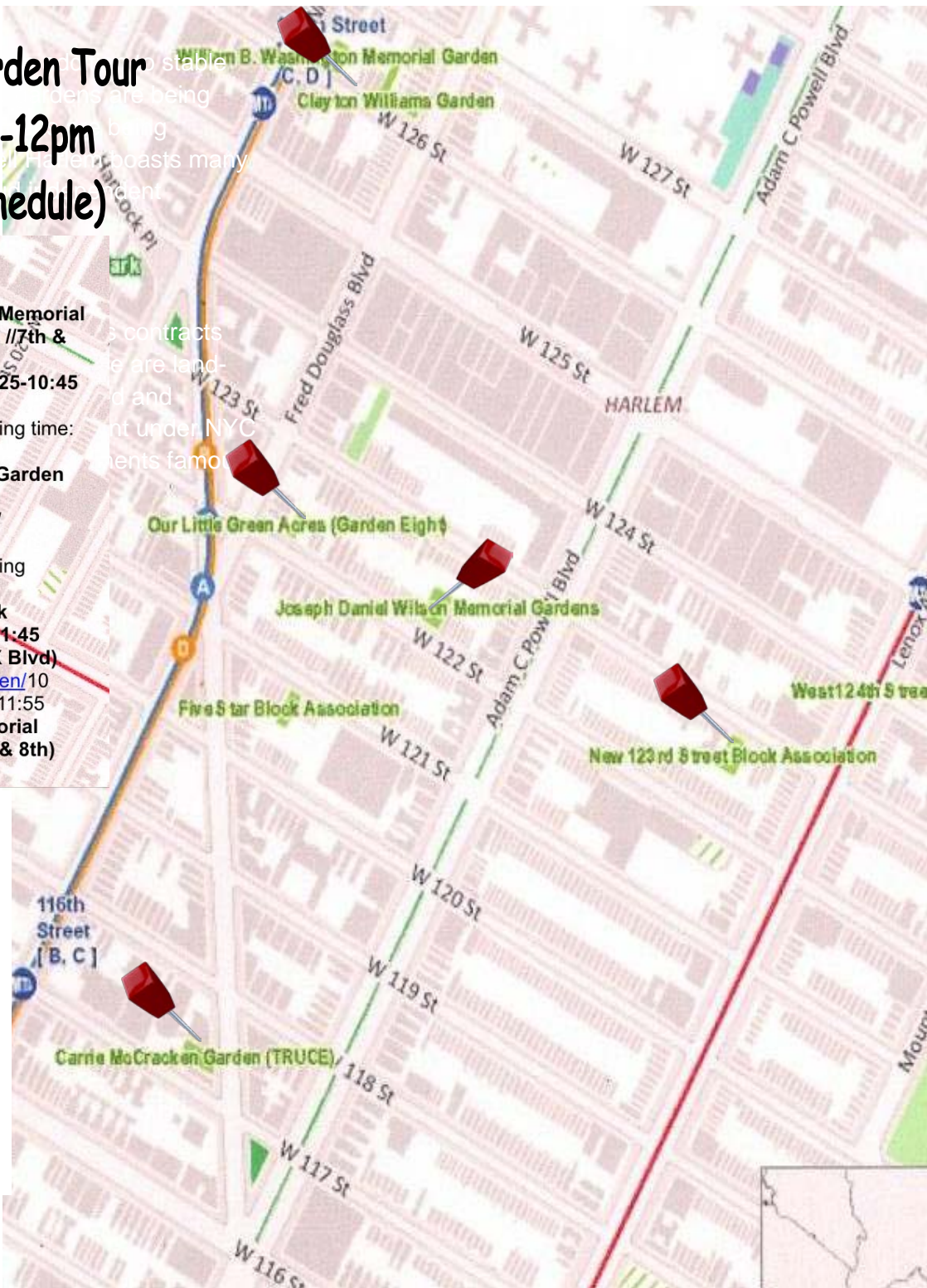
10:55-11:15 (St. Nicholas // 117th&118th)

10 minutes walking/meandering time(11:15-11:25)

The New 123rd Street Block Association Garden 11:25-11:45 (123rd // 7th and Malcolm X Blvd)

<http://west123street.org/garden/> 10 minutes walking time: 11:45-11:55

The Clayton Williams Memorial Garden: 11:55-12:15 (126th & 8th)



Despite pressure from encroachments and gentrification, Harlem community gardens strive to provide focal points of joy and common ground for both residents and visitors.

This short tour gives just a sample, because in addition to stable veteran gardens new gardens are being formed and older gardens are being reinvigorated. As well Harlem boasts many school gardens, municipal housing (NYCHA) gardens and proud independent gardens.

Gardens operate under various contracts and agency jurisdictions. Some are land-trusted and many are preserved and licensed for citizen management under NYC Parks and Recreation Departments famous Green Thumb Program.